

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



## Programs Calendar 1F

10:00 Sing Along **1**  
 10:45 New Year  
 Resolution Discussion  
 Group  
 1:45 **New Year Social**  
 3:00 1:1 Visits

New Year's Day

10:00 **2**  
  
 1:45 Craiglee Cinema  
 and Hot Chocolate  
 3:00 1:1 Visits

10:00 Music appreciation **3**  
 10:45 News & Views  
 1:45 **BINGO E**  
 3:00 1:1 Visits

9:30 Physio E **4**  
 10:00 Exercises W  
 10:15 Sing Along W  
 10:15 Sensory  
 1:45 Craft Corner  
 3:00 1:1 Visits

9:45 Chair Dancing W **5**  
 10:00 Sing Along  
**10:00 Bingo**  
 10:00 Snoozelen W  
 10:45 Montessori  
 3:00 1:1 Visits

9:30 Physio W **6**  
 10:00 Sing Along  
 10:45 Smile Program  
 1:45 Movie matinee  
 3:00 1:1 Visits

9:45 Chair Dancing **7**  
 10:00 Trivia  
 10:45 1:1 Visits  
 1:45 Montessori & Music  
 3:00 Smile Program

10:00 Exercises **8**  
  
 10:45  
 1:45 **BINGO E**  
 3:00 1:1 Visits

10:00 **9**  
  
 1:45 Craiglee Cinema  
 and Hot Chocolate  
 3:00 1:1 Visits

10:00 **BINGO E** **10**  
 10:45  
**2:00 RESIDENTS'**  
**COUNCIL**  
**2:30 FOOD COUNCIL**

9:30 Physio E **11**  
 10:00 Exercises W  
 10:15 Sing Along W  
 10:15 Sensory  
 1:45 Montessori  
 3:00 1:1 Visits

9:45 Chair Dancing W **12**  
 10:00 Sing Along  
**10:00 Bingo**  
 10:00 Snoozelen W  
**2:00 ENTERTAINMENT**  
**WITH TONY**  
 3:00 1:1 Visits

9:30 Physio W **13**  
 10:00 Sing Along  
 10:45 Smile Program  
 1:45 Movie matinee  
 3:00 1:1 Visits

9:45 Chair Dancing **14**  
 10:00 Trivia  
 10:45 1:1 Visits  
 1:45 Montessori & Music  
 3:00 Smile Program

10:00 Exercises **15**  
 10:45 News & Views  
 1:45 **BINGO E**  
 3:00 1:1 Visits

10:00 **16**  
  
 1:45 Craiglee Cinema  
 and Hot Chocolate  
 3:00 1:1 Visits

10:00 Snoozelen **17**  
  
 10:45  
 1:45 **BINGO E**  
 3:00 1:1 Visits

9:30 Physio E **18**  
 10:00 Exercises W  
 10:15 Sing Along W  
 10:15 Sensory  
 1:45 Craft Corner  
 3:00 1:1 Visits

9:45 Chair Dancing W **19**  
 10:00 Sing Along  
**10:00 Bingo**  
 10:00 Snoozelen W  
 10:45 Montessori  
 3:00 1:1 Visits  
 6:00

9:30 Physio W **20**  
 10:00 Sing Along  
 10:45 Smile Program  
 1:45 Movie matinee  
 3:00 1:1 Visit

9:45 Chair Dancing **21**  
 10:00 Trivia  
 10:45 1:1 Visits  
 1:45 Montessori & Music  
 3:00 Smile Program

10:00 Exercises **22**  
 10:45 News & Views  
 1:45 **BINGO E**  
 3:00 1:1 Visits

10:00 **23**  
  
 1:45 Craiglee Cinema  
 and Hot Chocolate  
 3:00 1:1 Visits

10:00 Snoozelen **24**  
 10:45 News & Views  
 1:45 **BINGO E**  
 3:00 1:1 Visits

9:30 Physio E **25**  
 10:00 Exercises W  
 10:15 Sing Along W  
 10:15 Sensory  
 1:45 Montessori  
 3:00 1:1 Visits

9:45 Chair Dancing W **26**  
 10:00 Sing Along  
**10:00 Bingo**  
 10:00 Snoozelen W  
 10:45 Craft Corner  
 3:00 1:1 Visits

9:30 Physio W **27**  
 10:00 Sing Along  
 10:45 Smile Program  
 1:45 Movie matinee  
 3:00 1:1 Visits

9:45 Chair Dancing **28**  
 10:00 Trivia  
 10:45 1:1 Visits  
 1:45 Montessori & Music  
 3:00 Smile Program

10:00 Exercises **29**  
 10:45 News & Views  
 1:45 **BINGO E**  
 3:00 1:1 Visits

10:00 **30**  
  
 1:45 Craiglee Cinema  
 and Hot Chocolate  
 3:00 1:1 Visits

10:00 Snoozelen **31**  
 10:45 News & Views  
 1:45 **BINGO E**  
 3:00 1:1 Visits

Australia Day (observed)

