

March 2025

Craiglee Newsletter



Celebrating March

March 2
British Methodist Church

March 4
Residents' Council

March 5
Food Council

March 6, 13, 20 & 27
R.C Mass/
Communion

March 8 and 22
Seventh Day Adventist

March 17
Birthday Party

March 18
Bus outing

March 18
Anglican Service



Dear Residents and Families

Happy March!

This month, we're excited to celebrate St. Patrick's Day with all of you, bringing a touch of Irish luck and joy to our home. Whether you're wearing green, enjoying festive treats, or participating in fun activities, we hope the spirit of the holiday fills your hearts with cheer.

With the first day of spring fast approaching on March 20th, we're eagerly looking forward to warmer days, blooming flowers, and all the opportunities that comes with a new season.

Let's make this month memorable together!

Thank you
Program Manager
Ayesha Young



Ruth. G	March	2nd
Leena. D	March	3rd
Nicolette. G	March	9th
Clyde. G	March	10th
Agnes. H	March	11th
Elcy. C	March	15th
Nelson. W	March	15th
Harry. S	March	19th
Ada. M	March	22nd
Moses. M	March	23rd
Vilma. M	March	23rd
Gus. M	March	24th



Irish Wishes



May this month bring you satisfaction, peace and joy.

May all the desires of your heart be granted.

May this be the beginning of new things in your life.



Here's to March
A new month
filled with fresh starts
and opportunities...
a time to grow
and a time
to start again...

let go of what is holding
you back and open up
to what
can be

An Irish Prayer



May God give you
For every storm, a rainbow,
For every tear, a smile,
For every care, a promise,
And a blessing in each trial.
For every problem life sends,
a faithful friend to share,
For every sign, a sweet song,
And an answer for each prayer."

MAY THE ROAD
RISE TO MEET
MAY THE YOU
WIND BE ALWAYS AT
YOUR BACK
MAY THE SUN SHINE WARM
THE UPON YOUR FACE
THE RAINS FALL UPON YOUR
SOFT FIELDS
AND, UNTIL
WE MEET AGAIN
MAY GOD HOLD YOU
IN THE PALM OF HIS HAND



Robin 1st Floor



Dale 2nd Floor



Dorothy 3rd Floor

Welcome to your Resident Council Leads

Council meetings provide the opportunity for residents to participate actively in matters that affect their daily lives and where they can exercise decision-making autonomy. Councils attempt to cultivate a safe environment that encourages unity, partnership, mutual support and contribute to increased quality of living for all residents in the home.

Guests: occasionally a guest will be invited to attend Residents' Council meeting. Guests are not regular attendees of the meetings and can only attend if invited by the Council's leadership for a specific purpose and be approved by the Council's leadership in advance of the meeting. Guest include people like educators, community leaders, home management, Administrators, etc.. Guest should have a set time on the Council's agenda and attend only during that time.

MARCH IS WOMEN'S HISTORY MONTH



Can you find the
famous females below?

American aviation pioneer Amelia Earhart was the first female pilot to fly solo across the Atlantic Ocean

C L A R A B A R T O N U V G S P
Y I Y A I O S A C A G A W E A M
J O S E P H I N E B A K E R L A
B I L L I E J E A N K I N G L A
E F F E E K O A I G R O E G Y R
S E N O J R E H T O M Q A N R X
H T U R T R E N R U O J O S I E
A M E L I A E A R H A R T E D H
Y E L K A O E I N N A F J M E A
J O A N O F A R C J J P Q Y N M

Josephine Baker
Clara Barton
Amelia Earhart
Joan of Arc

Mother Jones
Billie Jean King
Annie Oakley
Georgia O'Keeffe

Sally Ride
Sacagawea
Sojourner Truth

J. PRITCHARD/MCT



ST. PATRICK'S DAY

WORD SEARCH

F C C M H L E P R E C H A U N
T E T D G U G R W O Q D T W W
F L R C W O A I Z Y D T O U N
R E E S T X L Q A Y N H A L C
D B A A O V M D I V D K E F O
Z R S I H X I G H G C Y T I T
X A U N G L E S Y O R N I O M
R T R T O D T N R F A E P G A
A I E H A Q H M I S K E E M O
I O C R V C A C I R E L A N D
N N A R N H F M L Q R E R I Z
B P D I S R F A G O A Q M V W
O U P L U C K R T N V I E V U
W W Y C A I I C D M Q E H K U
L D L K S Y P H W M G Q R I V

CELEBRATION
CLOVER
GOLD
GREEN

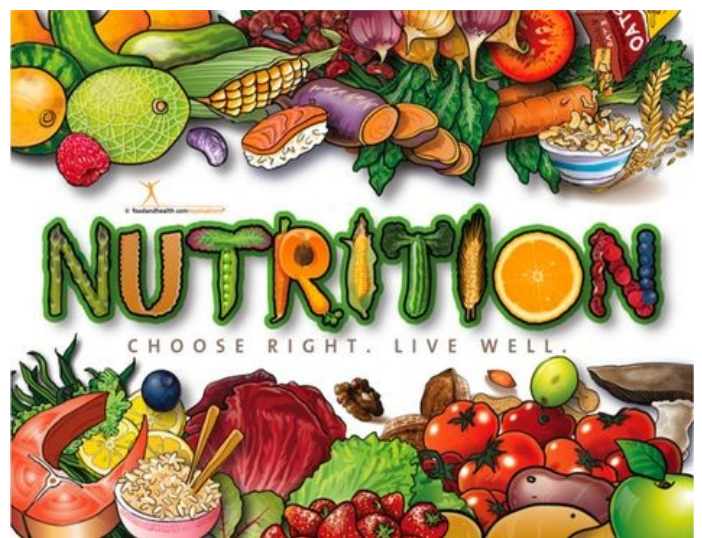
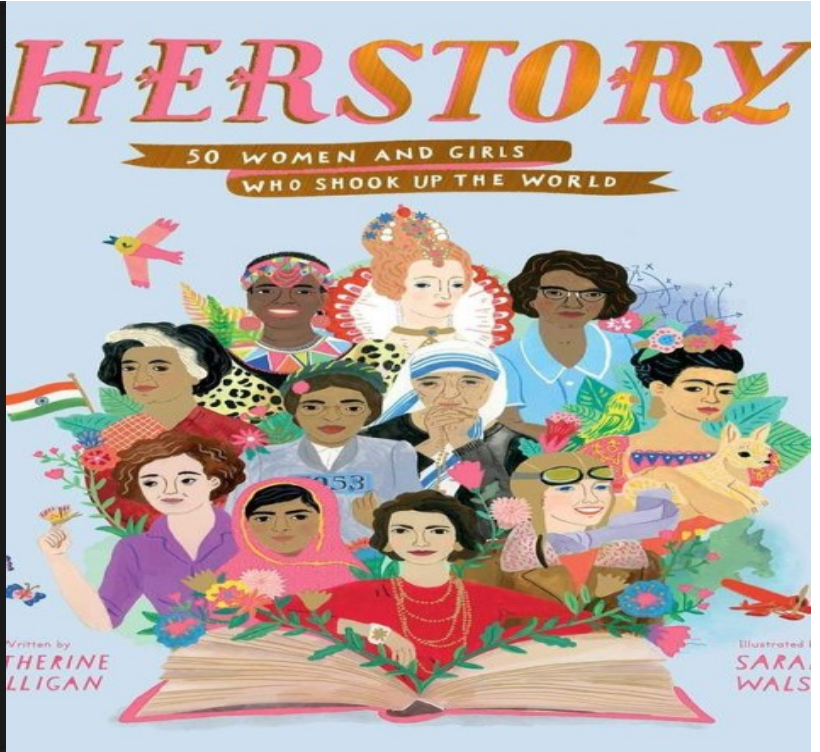
HOLIDAY
IRELAND
LEPRECHAUN
LUCK

MARCH
PARADE
PINCH
POT

RAINBOW
SAINT
SHAMROCK
TREASURE

Recognition in the Month of March

Women's History Month



Greek Heritage Month

Nutrition Month

Spiritual Wellness Month

Breathe...

When Life is challenging, overwhelming and stressful close your eyes, sit still and **BREATHE.**

Don't let the worries of your mind make the situation worse. Recognize that those negative thoughts are not real and **BREATHE.**

Focus on this present moment, right here, right now. Enjoy the quietness, stillness and peace of the moment and **BREATHE.**

Remind yourself that you have survived so much and that not only will you survive this but you will be **STRONGER, WISER AND BETTER!**

*Breathe and Believe
in Yourself!*

Red Cross Month



**GIVE BLOOD
SAVE LIFE**

VOLUNTEER INFORMATION

Current Volunteer Positions

Bingo Assistant

Friendly Companion

Resident Outing Escort

Valuable is the work that you do,
Outstanding is how you always come through

Loyal, sincere and full of good cheer,
Untiring in your efforts through the year

Notable are contributions you make,
Trustworthy in every project you take

Eager to reach your every goal,
Effective in the way you fulfill your role

Ready with a smile like a shooting star

Special and wonderful— that's what you are!

Looking for a way to give back? Research has shown that the process of serving others reduces stress, and increases our life span.

Kindly contact
The Recreation Department
for any questions or
suggestions you may have regarding programs.



Updates

New Beds

We are happy to update you, that we continue to add the 20 New beds that we informed you about in February, along with some new night tables.

Painting

We continue with the painting on the 1st floor for the hallways and other common areas.

Food Labelling

Kindly ensure that all cooked foods coming into the home for the fridges are labeled with the date of entry. Foods will be kept for three days maximum to reduced spoiling.

Encouraging Thoughts

“You are never too old to set another goal or dream a new dream. Every step forward is a step closer to fulfilling your potential.”

“Your smile makes the world brighter. Share it often, for its warmth can light up even the darkest days.”

“Laughter is timeless, imagination has no age, and dreams are forever young. Embrace each moment with joy and wonder.”

“Gratitude turns what we have into enough and more, making us appreciate the abundance in our lives.”

